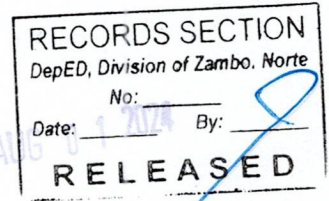




Republic of the Philippines  
**Department of Education**

REGION IX  
 SCHOOLS DIVISION OF ZAMBOANGA DEL NORTE



**Office of the Schools Division Superintendent**

July 31, 2024

**Division Memorandum**  
 No. 418, s. 2024

**PARTICIPATION IN THE CIVIL SERVICE COMMISSION'S  
 15<sup>TH</sup> INTER- GOVERNMENT AGENCY SPORTSFEST**

TO: Public Schools District Supervisors and PICDs  
 School Heads, Public Elementary and Secondary Schools  
 Non- Teaching Personnel  
 Identified Teaching Personnel  
 All Concerned

- In celebration of the Civil Service Commission's Annual Civil Servant's Celebration, the Zamboanga del Norte Federation of Government Employees Unions (ZNFGEUs, Inc.), in partnership with the Civil Service Commission Zamboanga del Norte Field Office, will conduct the 15<sup>th</sup> Inter-Government Agency Sportsfest on September 17-20, 2024 in Dipolog City.
- The Department of Education Zamboanga del Norte Non-Teaching Employees Union (DepEd ZN NEU) will participate in this event. Cluster-level playoffs will be held to determine the qualified personnel to represent the Union. The schedule for these playoffs are as follows:

| Cluster                          | Date               | Venue                | Tournament Manager/s                                 |
|----------------------------------|--------------------|----------------------|--|
| SDO, Cluster 1,2,3               | August 14-16, 2024 | SNAS, Sindangan, ZN  | PSDS Bezer B. Crampatanta                            |
| Cluster 4,5,6                    |                    | Liloy NHS, Liloy, ZN | PSDS Roseller I. Murro                               |
| Winners from Sindangan and Liloy | August 19-20, 2023 | SNAS, Sindangan, ZN  | PSDS Bezer B. Crampatanta and PSDS Roseller I. Murro |

The cluster teams are required to submit their list of players per event to [depedzn.hrd@deped.gov.ph](mailto:depedzn.hrd@deped.gov.ph) on or before **August 23, 2024**.

3. The billeting quarters for SDO, Cluster 1, 2, and 3 participants will be in Sindangan Pilot Demonstration School while for Cluster 4, 5, and 6 participants will be in Liloy National High School. The school heads of the designated schools are requested to facilitate the necessary arrangements with the Cluster Team Heads. Participants should bring their own beddings.





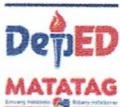
Republic of the Philippines  
**Department of Education**

REGION IX  
SCHOOLS DIVISION OF ZAMBOANGA DEL NORTE

4. Those who qualify for the CSC Sportsfest may begin practicing at 4:00 PM, starting August 21, 2024. A link will be provided to the Technical Working Group (TWG) upon submission of the list of qualified athletes.
5. Additionally, this office requests the identified personnel to serve as officiating officials for specified events. Please see attached.
6. Personnel who will render overtime services must submit the appropriate requirements and documents to be entitled to claim Compensatory Time-Off (CTO) for the services rendered on Saturday, Sunday and holidays as per CSC- DBM Joint Circular No.2, s. 2004 titled, "Non-Monetary Remuneration for Overtime Services Rendered." The identified teaching personnel shall submit the necessary documents to be entitled with a service credit.
7. Travel and other incidental expenses of the participants shall be charged against respective local funds subject to the usual auditing and accounting rules and regulations.
8. For more information or any clarification, kindly contact the HRD at 09998842496.
9. For information and dissemination.

**ROY C. TUBALLA EMD, JD, CESO V**  
Schools Division Superintendent

NEU/gmw/ 2024 CSC Sportsfest  
DM \_\_\_- 2024/07312024



Address: Capitol Drive, Estaka, Dipolog City 7100 Tel. No.: (065) 212- 5843  
Email: [zn\\_division@deped.gov.ph](mailto:zn_division@deped.gov.ph) Website: [www.depedzn.net](http://www.depedzn.net)  
FB: DepEd Tayo- Schools Division of Zamboanga del Norte



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**Department of Education**

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SCHOOLS DIVISION OF ZAMBOANGA DEL NORTE

Enclosure A to Division Memorandum No. \_\_\_\_\_, s. 2024

**2024 CIVIL SERVICE SPORTSFEST  
LIST OF EVENTS**

**Events for Playoffs during August 14-16 and 19-20, 2024**

1. Running events (2 men and 2 women mixed)
2. Badminton (Men and Women)
3. Billiards (Men and Women)
4. Dart (Men and Women)
5. Lawn Tennis (Men and Women)
6. Swimming (Men and Women- Individual and Relay)
7. Table Tennis (Men and Women)
8. Pickle Ball

**Other events (to be selected by Tournament Managers identified by the division):**

1. Basketball (Men only)
2. Volleyball (Men and Women)
3. Kickball (Mix)
4. Vocal Solo (1 entry only)
5. Pinoy Henyo 2024 (2 members only)
6. ZNFGEU's Quiz Bee (3-5 members)
7. Mountain Bike (Men and Women)
8. Chess (Men and Women)
9. Dama (Men's and Women's Division)
10. Dance Sports
11. Saludo



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REGION IX  
 SCHOOLS DIVISION OF ZAMBOANGA DEL NORTE

Enclosure B to Division Memorandum No. \_\_\_\_\_, s. 2024

**2024 PLAYOFFS FOR NON- TEACHING PERSONNEL**  
**August 14-16 and 19-20, 2024**

|  |  |
|--|--|
| <p><b>Chairperson:</b> Robert I. Poculan III- President, NEU DepEd ZN<br/> <b>Co-chairperson:</b> Engr. Dave A. Patigayon<br/> <b>Members:</b><br/>         Ervie A. Acaylar<br/>         All Cluster Heads<br/> <b>Secretariat:</b><br/>         Nicollette Ria E. Tangon<br/>         Jed A. Nieves<br/>         Gekabel M. Velarde<br/>         Lorene V. Agustin</p>   |  |
| <p><b>Team 1: SDO, Cluster 1, 2, 3</b><br/>         Venue: SNAS, Sindangan ZN</p>  | <p><b>Team 2: Cluster 4,5,6</b><br/>         Venue 2: Liloy NHS, Liloy ZN</p>  |
| <p><b>TM: PSDS BEZER B. CRAMPATANTA</b><br/> <b>Asst. TM:</b> Marcher P. Sugod</p> <p>Officiating Officials of Events:</p> <p><b>Athletics:</b> Rai J. Andus and Algleen L. Andus<br/> <b>Badminton:</b> Charma P. Parangan and Floren Evar T. Falconete<br/> <b>Billiards:</b> Dennis A. Apojen and Casimero E. Ledesma<br/> <b>Dart:</b> Regidor N. Bongolto<br/> <b>Lawn Tennis:</b> Joanne V. Liquit<br/> <b>Swimming:</b> Razel T. Vallejo<br/> <b>Table Tennis:</b> Lloyd C. Culanculan<br/> <b>Pickle Ball:</b> Erlindo B. Bayawa Jr.</p> | <p><b>TM: PSDS ROSELLER I. MURRO</b><br/> <b>Asst. TM:</b> Bonifacio G. Catugal Jr.</p> <p>Officiating Officials of Events:</p> <p><b>Athletics:</b> Florante P. Galorio; Bonifacio G. Catugal Jr.<br/> <b>Badminton:</b> Nerlito R. Balbuena<br/> <b>Billiards:</b> Ronie A. Tariga; Rico T. Laruya<br/> <b>Dart:</b> Erlindo B. Bayawa Jr.; Leonardo S. Dadan<br/> <b>Lawn Tennis:</b> Gerwil R. Descallar; Elmer P. Datoy<br/> <b>Swimming:</b> Jouary Balasuela (Join in Sindangan)<br/> <b>Table Tennis:</b> Simlo A. Lomarda; Jessent M. Balawing<br/> <b>Pickle Ball:</b> Von Bryan B. Bacang</p> |





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**Department of Education**

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SCHOOLS DIVISION OF ZAMBOANGA DEL NORTE

Enclosure C to Division Memorandum No. \_\_\_\_, s. 2024

**2024 PLAYOFFS FOR NON- TEACHING PERSONNEL**  
**August 14-16 and 19-20, 2024**

**School Health Personnel/ Nurses**

**Sindangan Venue**

| <b>Name</b>                | <b>Position</b> |
|----------------------------|-----------------|
| 1. Josil Galleposo         | Nurse II        |
| 2. Dinah Earl Pedrosa      | Nurse II        |
| 3. Rochine Shyne Ratificar | Nurse II        |
| 4. Yvette B. Tan           | Nurse II        |
| 5. Marigold B. Rillera     | Nurse II        |
| 6. Sancho A. Cuenca        | Nurse II        |

**Liloy Venue**

| <b>Name</b>                | <b>Position</b> |
|----------------------------|-----------------|
| 1. Edsel D. Nieves         | Nurse II        |
| 2. Dianne D. Guigue        | Nurse II        |
| 3. Sitti Pearlshia A. Laja | Nurse II        |
| 4. Maria Mae O. Abao       | Nurse II        |
| 5. Mary Ann V. Santisas    | Nurse II        |
| 6. Violy Flor M. Pujanes   | Nurse II        |
| 7. Hazel G. Acas           | Nurse II        |
| 8. Jessica L. Napigkit     | Nurse II        |

# 15<sup>TH</sup> INTER-GOVERNMENT AGENCY SPORTSFEST

September 17-20, 2024, Dipolog City

## GUIDELINES FOR ALL EVENTS

**NOTE:** 1. Only those listed in the Official Entry and Photo Gallery of the participating unions/agencies shall be allowed to take part and compete in each and every event.

2. Drawing of lots for all events will be conducted during the Solidarity Meeting on September 16, 2024 at 2 o'clock in the afternoon at the 2<sup>nd</sup> floor of the Dipolog Museo.

### SALUDO

1. The contest is open to all participating unions/agencies of the 15<sup>th</sup> Inter-Government Agency Sportsfest who shall perform in front of the dignitaries and guests.
2. Venue is the Dipolog Sports Center in the morning of September 17, 2024 as Part III of the Opening Ceremony.
3. The performance area has a width of 15 meters and length of 28 meters, the size of an official basketball court.
4. There is no limit to the number of performers provided they are members of the union and have been duly screened by the Screening Committee.
5. The performance should be executed for a maximum of three (3) minutes excluding entrance and exit. If the performance exceeds 3 minutes, the group shall be automatically disqualified.
6. A buzzer shall be used to signal the end of the 3 minutes. Upon hearing the buzzing sound, the group shall immediately stop their performance and exit.
7. Official timer and recorder shall be designated to record and announce the time of the performance.
8. Only recorded musical accompaniment is allowed during the performance. Live accompaniment is prohibited.
9. Choreography of execution is limited to yells and coordination of hands, feet and body movements.
10. Use of hand-held props not exceeding 12 inches in diameter, such as gloves, caps, pom-poms and the like is allowed.
10. Acrobatic stunts such as, but not limited to, cartwheels, front and back rolls, back flips, and formations such as pyramids, are strictly prohibited.
11. The use of backdrops, risers, mechanized props, pyrotechnics and other combustible materials, such as fireworks, are likewise prohibited.
12. **Only team/playing uniforms shall be worn during the performance.**
13. Due to time constraints, individual introduction of the members of the group is not allowed. Only the group's name shall be announced.
14. Judges' decision is final and unappealable..
15. Criteria for Judging:

|   |            |
|---|------------|
| Choreography<br>(innovative concept, framework, transition)       | 40%        |
| Execution<br>(synchronization of movement, timing and projection) | 40%        |
| Over-all Appeal   | <u>20%</u> |
|   | 100%       |

### ATHLETICS

1. Athletics will be played at the cement oval of the Dipolog Sports Complex.

2. There are two (2) categories –individual (men/women) and relay – (mixed, 2 men, 2 women). Only one entry for individual and one entry for relay shall be accepted.
3. The 100-meter straight away portion of the oval will be used.
4. For the individual category, the runner will run a distance of 100 meters.
5. For the relay, the total distance is 400 meters. Two runners will be positioned at the starting line of the 100 meter straight away and the other two runners at the finished line. Each runner will run 100 meters.
6. The order of the runners is left to the discretion of the team.
7. Those who take part in the individual sprint may also run in the relay.
8. Each team shall be provided with a baton which shall be passed from one runner to another. No runner shall run unless he/she has received the baton. Otherwise, his/her team will be disqualified.
9. A runner or team must run in their assigned lane. A violation thereof will disqualify the runner/team.
10. For both the individual sprints and relays, there will four (4) heats. There will be 5 to 8 runners in every heat depending on the number of entries.
11. Times will be recorded and the eight (8) fastest runners/teams will move to the finals.

### **BADMINTON** /

1. Two divisions –men's division and women's division.
2. Only doubles will be played.
3. A participating agency is allowed only one (1) pair for the men's division and one (1) pair for the women's division.
4. No substitution of player during a match. However, replacement of players may be done in the team's subsequent matches but the replacement shall be done before the start of the match.
5. Format – single elimination.
6. A grace period of fifteen (15) minutes from the last and final call shall be given to a pair before the opponent is declared winner by walk-over.
7. Competing pairs must be in the venue before their schedule as the "succession rule" will be applied.
8. Players must play in their team uniform or any appropriate badminton attire. as long as they wear identical shirts.
9. The top three pairs will be declared champion, 1<sup>st</sup> runner-up and 2<sup>nd</sup> runner-up.

### **BASKETBALL** /

1. FIBA rules shall apply unless otherwise provided for in this Ground Rules.
2. A line-up may consist of more than 14 players but only 14 can play in a game and listed in the Score Sheet.
3. A game shall consist of four (4) quarters and each quarter must have a duration of eight (8) minutes. If at the end of the 4<sup>th</sup> quarter the scores are tied, there shall be an extension of five (5) minutes. If after the 5-minute extension the scores are still even, the teams should then toss a coin to determine the winner.
4. The "on call system" shall be adopted to avoid delay.
5. A grace period of fifteen (15) minutes after the last and final call shall be given to a team before the other team is declared winner by walk-over.
6. Format – single elimination.
7. A complete set of uniform is required. A player who is not in the team's playing uniform shall not be allowed to play.
8. Any modification to these rules shall be deliberated and agreed upon during the Solidarity Meeting.
9. The top 3 winners shall be declared champion, 1<sup>st</sup> runner-up, and 2<sup>nd</sup> runner-up.
10. Main venue is the Dipolog Sports Center, Dipolog Sports Complex.

## BILLIARDS ✓

1. Two divisions – men's division and women's division.
2. Ten (10) balls will be used but the rules for 9-ball billiard shall be applied.
3. Purely men's doubles and women's doubles will be played. No mixed doubles.
4. A union/agency may submit a maximum of four (4) players for each division – 2 main players and 2 reserves. It must designate a main or permanent pair for the tournament.
5. In case a member of the main or permanent pair cannot play, he/she may be substituted but no substitution shall be permitted once the first rack has commenced.
6. Format – single elimination.
7. If the number of teams in a division does not reach five (5), the tournament shall not be considered a competitive event and no points shall be given to the winning teams.
8. A pair shall be given a grace period of fifteen (15) minutes from the last and final call before the opposing pair shall be declared winner by walk-over.
9. Players must wear their team uniform or any appropriate shirt. A player who is not in proper uniform shall not be allowed to play.
10. Players must bring their own cue sticks.
11. Race to 5 in the 1<sup>st</sup> and 2<sup>nd</sup> rounds. Race to 7 in the 3<sup>rd</sup> and 4<sup>th</sup> rounds (quarter finals and semi-finals). Race to 9 in the final round.
12. Winner and loser in the final round will be declared champion and 1<sup>st</sup> runner-up, respectively.
13. Losers in the semi-final rounds will play race to 7 for 3<sup>rd</sup> place.
14. Venue is the JT Billiard Hall at Mabini St., Barangay Biasong.
15. Players must agree on who should pay the fees, either loser's pay, equal sharing or any other arrangement between them.

## CHESS ✓

1. There are two (2) divisions – men's division and women's division.
2. A union/agency can field one (1) player only for each division.
3. Five (5) rounds Swiss system shall be applied under time pressure.
4. As chess clocks will be used during the tournament, players must familiarize themselves on how to use the chess clock.
5. Players must bring their own chess board or mat.
6. A player shall be given a grace period of fifteen (15) minutes from the last and final call before his/her opponent is declared winner by walk-over.
7. The top 3 winners shall be declared champion, 1<sup>st</sup> runner-up, and 2<sup>nd</sup> runner-up.
8. The decision of the Tournament Director is final and unappealable.
9. Venue is the 2<sup>nd</sup> Floor of Dipolog Museo.

## DAMA ✓

1. There are two (2) divisions – men's division and women's division.
2. A union/agency is allowed to submit only one (1) entry for each division.
3. The event shall be under time pressure depending on the different moves a player should make as set forth by the Tournament Director.
4. Players must wear their team uniform. A player who is not in proper attire shall not be allowed to play.
5. A player shall be given a grace period of fifteen (15) minutes from the last and final call before his/her opponent is declared winner by walk-over.
6. The top 3 winners shall be declared champion, 1<sup>st</sup> runner-up, and 2<sup>nd</sup> runner-up.
7. Decisions of the Tournament Director are final and unappealable.
8. Venue is the 2<sup>nd</sup> Floor of Museo Dipolog.

## DARTS ✓

1. Two (2) divisions – men's division and women's division.



2. Mode of play:
  - Men - 3 men team 701
  - Women - 3 women team COC [Cricket, 301, choice]
3. Best of 3 games; double elimination.
4. To start a game, the team captains toss or flip a coin to determine who plays first. They each throw a single pin and the team that throws the pin nearest to the bulls-eye plays first.
5. A union/agency can field only one (1) team for each division.
6. Only the three team members registered in the line-up can play in a game. No substitution is allowed once a game has started. However, a team may substitute players for their succeeding games.
7. Participating teams are requested to bring at least one (1) official dart board.
8. Players must observe courtesy and respect for their opponents. Heckling and shouting are prohibited. Proper cheering will be highly appreciated.
9. Toe lines must be strictly observed.
10. A team shall be given a grace period of fifteen (15) minutes from the last and final call before their opponent is declared winner by walk-over.
10. The top 3 winners shall be declared champion, 1<sup>st</sup> runner-up, and 2<sup>nd</sup> runner-up.
11. Venue is the lobby of the Dipolog Sports Center, Dipolog Sports Complex.
12. As the Dipolog Sports Center is a public place, smoking and imbibing of alcoholic drinks in the area is strictly prohibited by a City Ordinance.

### **DANCE SPORT**

1. Only one category – mixed, that is, one (1) male and one (1) female.
2. A union/agency can field one (1) couple only.
3. No substitution of dancers once the competition has commenced.
4. The couples must draw lots to determine the order of their performance and their respective numbers to be placed at the back of the male dancer.
5. The couple must dance all the required dances in each round, to wit, Cha-cha-cha, Rumba, and Jive for a maximum of 1.5 minutes for each dance.
6. A technical rehearsal will be conducted prior to the contest proper.
7. Marking system during the elimination round shall be adopted. After the couples have taken turns in performing their dances, the judges will rank them to determine who will move to the semi-final round.
8. If there are at least six (6) couples, a SEMI-FINAL ROUND will be conducted. All couples will perform simultaneously the 3 required dances (Cha-cha-cha, Rumba, and Jive) with the same music used during the elimination round. The judges will choose the couples that will advance to the next level or round.
9. The couples selected to perform in the FINAL ROUND will dance to the SURPRISE MUSIC prepared by the Committee. Dances could either be Cha-cha-cha, Rumba or Jive.
10. Judging Criteria:
 

|                            |      |
|----------------------------|------|
| Timing and Basic Rhythm    | 20%  |
| Body movement/choreography | 25%  |
| Footwork/technique         | 20%  |
| Rhythmic interpretation    | 20%  |
| Costume                    | 15%  |
|                            | 100% |
|                            | ===  |
11. The top 3 winners shall be declared champion, 1<sup>st</sup> runner-up, & 2<sup>nd</sup> runner-up.
12. Competition will be at the Dipolog Sports Center during the Mayor's Night on September 17, 2024.
13. The decision of the judges is final and unappealable.

### **KICKBALL**

1. A line-up shall consist of not less than 10 players but not more than 16 players.
2. In a game, five (5) male players and five (5) female players must play.
3. Games shall be played in three (3) innings during the elimination round.

- In the event of a tie score at the bottom of the 3<sup>rd</sup> inning, a 4<sup>th</sup> inning shall be played and so on until the tie is broken.
4. Only placement games shall be played in five (5) innings.
  5. Athletic shoes are required. Studs (football shoes) and shoes with metal cleats are not allowed.
  6. Format is single elimination.
  7. A team shall be given a grace period of fifteen (15) minutes from the last and final call before the opposing team is declared winner by walk-over.
  8. Pitching : The pitcher must start the act of pitching with at least one foot on the pitcher's plate. The pitcher must roll the ball toward the kicker.
  9. To be considered a "strike", the pitch must hit the home plate. Otherwise, it shall be considered a "ball."
  10. A count of four (4) balls advances the kicker to first base. However, if for four (4) times the pitcher **intentionally** pitches the ball outside the kicking box to prevent the kicker from kicking it, the kicking team shall be awarded a "home".
  11. A kicker must hit the ball hard so his kick can be considered a legal kick. The kicker can run to as many bases he can until tagged out.
  12. If the kicker commits four (4) fouls, he shall be declared "out." If he steps on the plate while kicking, he shall also be declared "out."
  13. There shall be a kicking box but the player may kick outside the box
  14. Runners must stay within the baseline. Any runner outside the baseline is out. When attempting to avoid a ball tag, a runner may move no more than 4 feet out of their established path.
  15. Neither leading off base nor stealing is allowed. A runner may advance only to the next base when the ball is kicked within the fair territory.
  16. When a base is displaced during play, any runner is safe while in contact with the base's original and correct location.
  17. A count of three (3) strikes is an out.
  18. A count of three (3) outs by a team completes the team's kicking stint and a change-up takes place.
  19. An out is: a) count of three (3) strikes or four (4) fouls; b) any kicked ball (fair or foul) that is caught by a fielder; c) a tag out; d) a runner touches the ball at any time while not on base while the ball is in play; e) a kicker or runner that interferes with the ball; f) any kicker that does not kick in the proper kicking line-up; g) a runner that passes another runner; h) a runner outside of the baseline, among other instances.
  20. When a kicker intentionally touches a pitched ball by hand or arm before the pitch is called a ball or a strike or intentionally touches a kicked ball to render it foul, the kicker is out and any runner shall return to the base from which he came from.
  21. In cases of injury or illness, a time-out may be requested for a participant's removal and replacement with a teammate of the same gender as a substitute. If the participant later returns to play, he must be inserted in the same kicking order position he previously held.
  22. Only runners who are injured while travelling to base and who successfully make it to a base may be substituted. There are no other allowable runner substitutions. A runner may be substituted no more than twice during the game.
  23. On a forced-run situation, an advancing base runner can be put out by merely touching with the ball the base he/she is heading to.
  24. In case of double default, the Tournament Director shall toss a coin to determine which team shall advance to the next game.
  25. Venue is the Football Pitch in front of the gymnasium [Dipolog Sports Center] , Dipolog Sports Complex..
  26. The top 3 winners shall be declared champion, 1<sup>st</sup> runner-up, and 2<sup>nd</sup> runner

## LAWN TENNIS /

1. There are two (2) divisions – men's division and women's division.
2. Only men's doubles and women's doubles will be played.
3. A team's line-up may consist of a maximum of four (4) players for each division but only 2 players or 1 pair shall be listed for every match.
4. Substitution or replacement of players shall not be allowed during a match. However, a team may replace its players for subsequent matches.
5. The format is single elimination.
6. All matches shall be played in straight 8-game set, which means that the pair first to score 8 games wins the set and match. No tie-breaks.
7. Players must wear their team uniform or any attire as long as the shirts are identical. Players who are not properly dressed shall not be allowed to play.
8. The top 3 winners shall be declared champion, 1<sup>st</sup> runner-up, and 2<sup>nd</sup> runner-up.
9. Venue is the Mibang Country Tennis Club at Mibang, Barangay Sta. Filomena or the RGS Tennis Courts in Lubing Ogis, Barangay Galas depending on which venue will be available.

## MOUNTAIN BIKE RACES /

1. The following are the categories for MTB:

|       |                          |
|-------|--------------------------|
| Men   | a. 35 yrs old & below    |
|       | b. 36 to 49 yrs old      |
|       | c. 50 yrs old and above. |
| Women | Ladies Open.             |
2. There will be no category for Fat Boys (BMI) as it requires determination of Body Mass Index. Its measurement cannot be done readily or easily.
3. A team is allowed one (1) biker only for every age category for men and one (1) entry for women.
4. A participant can compete in one category only. An older participant may compete in a younger age category but not vice versa.
5. Bikers must be physically fit as proven by a physician's medical certificate.
6. All mountain bikes used during the races must be powered by human strength only.
7. The route for the men's races is the area near the basketball court of Barangay Lugdungan (starting point) and the foot of Linabo Peak (finish point) still in Barangay Lugdungan, with a distance of approximately 5 kilometers.
8. For the women's races, venue is the Dipolog Boulevard from Punta Corro to the gate of the Dipolog Port with a distance of approximately 3 kilometers.
9. A rider must complete the entire distance to be declared a finisher or winner.
10. A rider cannot seek and receive technical assistance during the race from anybody except a fellow rider.
11. A rider shall not engage in any act that obstructs or interferes with another rider.
12. A rider may only change his bike during the course of the race.
13. A rider must always conduct himself/herself in a polite manner at all times and allow riders to overtake him/her. They must not use abusive or offensive language towards their fellow competitors and the race officials.
14. Towing by a fellow rider or by anybody else is not allowed.
15. All riders must wear a prescribed helmet and other protective gears. The rule is: **No helmet, no race.**

## SWIMMING /

1. There are two (2) divisions for swimming – men's division and women's division.
2. There are two (2) categories – individual and relay.

3. Swimmers must wear the proper attire – swimsuit for women and trunks or cycling shorts for men. Any swimmer not in proper attire shall not be allowed to swim
4. Individual category:
  - a) A team is allowed a maximum of two (2) swimmers for each division.
  - b) A swimmer must swim the whole distance of the pool which is fifty (50) meters.
  - c) Any stroke maybe used by the swimmers –freestyle, back, fly or breast.
  - d) The swimmers must start and finish in their assigned lanes.
  - e) If there are more than 10 swimmers, heats will be done and the swimmers' times will be taken and recorded.
  - f) The swimmers with the three (3) fastest times shall be declared champion, 1<sup>st</sup> runner-up and 2<sup>nd</sup> runner-up.
- 5) Relay event:
  - a) A relay team shall consist of two (2) men and two (2) women. A union/ agency can field one (1) relay team only.
  - b) They may swim in any sequence, that is, man-woman-woman-man; woman-woman-man-man; man-man-woman-woman; or woman-man-woman-man.
  - c) Two swimmers will be positioned at the diving board area while the other two swimmers will be positioned at the other end of the pool.
  - d) Each swimmer will swim the whole length of the pool which is fifty (50) meters.
  - e) The second, third and fourth swimmers can only jump into the water when the previous swimmer has touched the wall of the pool. Any premature jumping will disqualify the team.
  - f) Swimmers who participated in the individual event may swim in the relay event.
  - f) The swimmers may use any stroke.
  - g) The teams must start and finish in their assigned lanes.
  - h) If there are more than 10 teams, heats will be done and the teams' times will be taken and recorded.
  - h) The teams with the three (3) fastest times shall be declared champion, 1<sup>st</sup> runner-up and 2<sup>nd</sup> runner-up.
  - i) Venue is the Dipolog Aquatic Center at the Dipolog Sports Complex.
- 6) The Tournament Director shall brief all the swimmers as to the rest of the rules of the competition before the start of the races.

#### **TABLE TENNIS**

1. There are two (2) divisions, namely, men's division and women's division.
2. There are two (2) categories – singles (men/women) and doubles (men's doubles and women's doubles). No mixed doubles.
3. A team's line-up may consist of four (4) players for each division but only two (2) players can play in a match. Strictly no substitution of players during a match. However, a team may replace or substitute players for their succeeding matches.
4. A singles player may play in the doubles category.
5. A union/agency may field a maximum of two players for the singles category but only one pair for the doubles category.
6. Format is double elimination.
7. Commonly practiced and accepted rules of table tennis shall apply.
8. The size of the balls to be used is 40+ and the color is white.
9. Players must wear their team uniform or any attire as long as the shirts are identical (for doubles). Any player not in the proper attire shall not be allowed to play.
10. All players must be at the playing venue ahead of their schedules as the "succession rule" shall be applied.

11. A player or pair shall be given a grace period of fifteen (15) minutes from the last and final call before the opposing player/pair is declared winner by walk-over.
12. The Tournament Director shall brief the players before the start of the tournament as to the number of games to be played, the manner of serving and receiving, and other matters.
13. The top three teams in each division and category will be declared champion, 1<sup>st</sup> runner-up, and 2<sup>nd</sup>-runner-up.
14. Venue is the Dipolog City Multi-Sport Training Center, Dipolog Sports Complex, with lights and five (5) standard or official tables.
15. The decisions of the Tournament Director are final and cannot be appealed to higher officials/officers.

### **VOLLEYBALL** /

1. There are two (2) divisions – men's division and women's division.
2. A team's line-up may consist of a maximum of 14 players but only 12 shall be listed in the scorebook/score sheet.
3. Players must wear at least an upper uniform duly numbered at the back and front.
4. Elimination games shall be played in best of 3 sets. The team that wins two sets wins the match.
5. Championship games shall be played in best of 5 sets. The team that wins 3 sets wins the match.
6. Scoring shall be the rally point system. The first 2 or 3 sets, as the case may be, shall be up to 25 points only. The team that first scores 25 points wins the set.
7. In case a 3<sup>rd</sup> or 5<sup>th</sup> set is played, the sets shall be played in straight 15 points. The team that first scores 15 points wins the set and the match.
8. International rules of volleyball shall be observed unless otherwise provided for in this Ground Rules. Thus, the use of a *libero* is allowed.
9. A team shall be given a grace period of 15 minutes from the last and final call before the opposing team is proclaimed winner by walk-over.
10. The top 3 teams shall be declared champion, 1<sup>st</sup> runner-up, & 2<sup>nd</sup> runner-up.
16. The decisions of the Tournament Director are final and cannot be appealed to higher officials/officers.
17. Venue for the men's volleyball is either the JRMSU Dipolog Campus gymnasium or the covered court of the Dipolog School of Fisheries in Barangay Olingan..
18. Venue for the women's volleyball is the gymnasium of the Dipolog Pilot Demonstration School.

## **SOCIOCULTURAL AND OTHER COMPETITIONS**

### **QUIZ BEE** /

#### **Rules and Mechanics**

1. A union/agency shall be represented by a team of three (3) to five (5) members.
2. The schedule of the contest shall be announced by the Organizing Agency during the Solidarity Meeting. Venue is the 2<sup>nd</sup> Floor of Museo Dipolog.
3. Last year's champion is disqualified from joining the contest.
4. A conference of team captains, management, and Board of Protests/Jurors will be done thirty (30) minutes before the start of the contest proper.
5. Participating agency is given a grace period of fifteen (15) minutes from the last and final call before it is disqualified.
6. Questions for the Quiz Bee should come from the following subject areas:
  - GENERAL KNOWLEDGE
  - CURRENT EVENTS
  - CSC LAWS/RULES/ISSUANCES

- EXECUTIVE ORDER NO. 292
- PHILIPPINE CONSTITUTION.

7. The levels of difficulty and corresponding points for the questions are as follows:

|           |           |                                     |
|-----------|-----------|-------------------------------------|
| Level I   | Easy      | 1 Point, answerable in 10 seconds   |
| Level II  | Average   | 3 Points, answerable in 15 seconds  |
| Level III | Difficult | 5 Points, answerable in 20 seconds. |

8. There shall be ten (10) questions for the Easy Round, seven (7) questions for the Average Round, and five (5) questions for the Difficult round.
9. Persons involved in the actual contest:
- |               |                           |
|---------------|---------------------------|
| Quiz Master   | Time keeper               |
| Record keeper | Scorers                   |
| Proctors      | Board of Protests/Jurors. |
10. Sorting out of all the questions to be asked shall be done by the Chairman of the Board of Protests/Jurors.
11. Answering the questions is a team effort and members are free to consult each other before giving their answer.
12. Answers should be written on a flash card/illustration board during the allotted time and raised as instructed by the Quiz Master for him/her to determine if the answer is right or wrong.
13. The Quiz Master reads the question twice in English and says "GO" or any other word to signal that the teams may now start writing their answers.
14. In questions which do not involve a multiple choice, the answer should be correct, accurate and complete.
15. The scores of the teams shall be shown on a board by the Board Scorers for the public to see and on record book/score sheet for record keeping and future reference.
16. During the contest, proctors will be assigned to see that the rules of the contest are adhered to by the teams.
17. Clarifications/protests of any sort can be made/raised only by the team captain and presented to the Board of Protests/Jurors before the next question is read.
18. Calculators, laptops, mobile phones, and other gadgets are strictly prohibited. Its use will disqualify the team.
19. After the last question, results will be tabulated by the Scorers. The team with the highest number of correct answers in all the 3 rounds shall be declared champion. The next highest scorers will be declared 1<sup>st</sup> runner-up and 2<sup>nd</sup> runner-up.
20. In case of a tie, a tie-breaker or clincher round shall be conducted and questions will be asked until the tie is broken (sudden death rule).
21. Decisions of the Board of Protests/Jurors are final and irrevocable.

### VOCAL SOLO

1. The contest will be held during the Mayor's Night at the Dipolog Sports Center, Dipolog Sports Complex., on September 17, 2024 at 7:00 p.m.
2. Only one (1) contestant from each union/agency, either male or female.
3. The song must be in English, Tagalog (Filipino), or Bisaya/Cebuano. It must not exceed 5 minutes.
4. Contestants must draw lots to determine the order of their performance before the start of the competition.
5. Accompaniment must be by minus one using the contestant's CD.
6. All the contestant's music shall be given to the sound system operator after the drawing of lots for cuing up.
7. If a singer's performance exceeds 5 minutes, a deduction of 5 points shall be deducted from his/her score.
8. The use of IEM ( in-ear monitor) is allowed.

9. A timer and recorder shall be assigned to take note of the duration of a contestant's performance.
10. Criteria for judging:
 

|                          |      |
|--------------------------|------|
| Voice Quality            | 30%  |
| Diction                  | 20%  |
| Timing                   | 20%  |
| Mastery & Interpretation | 20%  |
| Stage Presence           | 10%  |
|                          | 100% |
11. The top three winners will be declared champion, 1<sup>st</sup> runner-up, and 2<sup>nd</sup> runner-up.
12. The decision of the Board of Judges is final and unappealable.

### **PINOY HENYO**

[A team game with a Genius and a Guide]

1. A union/agency can field one (1) pair only, either all male, all female or mixed.
2. The team is composed of Player 1 (the one who will guess the word/phrase, the "Genius" or "Henyoy") and Player 2 (the one who will respond to the guesser or the "Guide").
3. When the team's name is called, they must go to the stage or platform. They will pick a number and that number corresponds to the word/phrase inside the marked envelope that they will be guessing (Note: One word only. Strictly no second word.)
4. There are five (5) categories of the secret word to be guessed: PERSON, ANIMAL, PLACE, FOOD AND THING.
5. The secret word will be posted at the forehead of Player 1 (Genius).
6. The players are given two (2) minutes only to guess the word/phrase. The timer will immediately start after the word/phrase is seen.
7. The in-charge will explain the procedure before the game starts.
8. The one who will respond may only say YES (Oo), NO (Hindi) or MAYBE (Pwede). No other words can be used. Otherwise, five (5) seconds will be added to their time.
9. When the team finally guesses the word, the time will be stopped and the recorder will take note of the team's time. If they have deductions or penalties, such will be added to their end time. The computed end time will be the final result of their end time.
10. The teams that fail to guess the mystery word/phrase within the allotted time shall be eliminated.
11. The fastest team, that is, the team with the shortest guessing time, wins and gets the prize.
12. Tie breaker : If teams have the same end time, they will be made to guess another word/phrase. The team with the shortest guessing time shall be declared winner.
13. Venue is the 2<sup>nd</sup> floor of the Dipolog Museo.

### **PICKLE BALL**

1. This is a new event to be organized and managed by the JRMSU Dipolog Campus.
2. The guidelines will be prepared by the organizing union.
3. All the equipment, such as rackets and balls,
4. may be provided by JRMSU Dipolog Campus.

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**NOTE: Deadline for submission of Athletes' Galleries is August 30, 2024 at the Civil Service Commission –Provincial Office or at the Provincial Schools Division Office.**