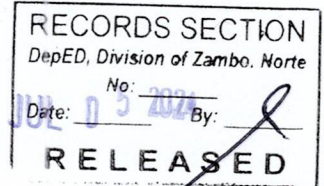




Republic of the Philippines
Department of Education
REGION IX

SCHOOLS DIVISION OF ZAMBOANGA DEL NORTE

Office of the Schools Division Superintendent



July 5, 2024

Division Memorandum
No. 364, s. 2024

2024 NUTRITION MONTH CELEBRATION

To: Public Schools District Supervisors
School Heads, Elementary and Secondary
School Health Personnel
Administrative Officers
All others concerned

1. Attached is the copy of Regional Memorandum No. 416, s. 2024 dated July 4, 2024, titled **CONDUCT OF THE 2024 NUTRITION MONTH CELEBRATION**.
2. Suggested activities can be found in Enclosure 1 2024 Nutrition Month Plan of Activities. Collaterals related to the celebration may be accessed through <https://bit.ly/2024NMCollaterals>.
3. Narrative and pictorials of the celebration must be submitted to the School Health and Nutrition Unit on August 15, 2024.
2. Immediate dissemination of this memorandum is desired.

ROY C. TUBALLA EMD, JD, CESO.V
Schools Division Superintendent

SHNU/cvo/DM-MedicalNursing
DM No. 7/5/2024



Address: Capitol Drive, Estaka, Dipolog City 7100 Tel. No.: (065) 212- 5843
Email: zn.division@deped.gov.ph Website: www.depedzn.net
FB: DepEd Tayo- Schools Division of Zamboanga del Norte



Republic of the Philippines
Department of Education

REGION IX
SCHOOLS DIVISION OF ZAMBOANGA DEL NORTE

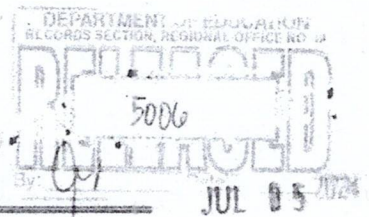
Enclosure 1 2024 Nutrition Month Plan of Activities

2024 NUTRITION MONTH PLAN OF ACTIVITIES

1. Advocacy Campaign
 - Hanging of streamers, tarpaulin, and posters in strategic areas
 - Distribution of flyers and leaflets
 - Bulletin Board display about the theme on Nutrition Month Celebration
 - Nutri-talk during PTA Meeting
2. Nutri-Quiz Contest
 - Questions are related to this years theme
 - In three categories namely intermediate for elementary and Junior and Senior High for the Secondary Level
3. Nutri-Parade
 - Around school compound carrying posters, tarpaulins
4. Nutrition Trivia
 - During flag raising ceremony giving emphasis on Nutrition Month theme
5. Zumba Dance
 - after flag raising ceremony for 15 minutes
6. On-the-Spot Slogan, Essay Writing and Poster Making Contest
7. Film showing
 - During EPP & TLE subject
 - To feature on healthy eating habits and healthy lifestyle
8. Culminating Activity
 - Awarding of winners
 - Closing Program for 2024 Nutrition Month Celebration



Republic of the Philippines
Department of Education
REGIONAL OFFICE IX, ZAMBOANGA PENINSULA



Office of the Regional Director

July 4, 2024

REGIONAL MEMORANDUM

No. 916, s. 2024

CONDUCT OF THE 2024 NUTRITION MONTH CELEBRATION

To: **SCHOOLS DIVISION SUPERINTENDENTS
 HEALTH AND NUTRITION SECTION**
 This Region

1. The Department of Education enjoins all learners, teaching and non-teaching personnel, officials and stakeholders, including parents, to actively engage in the activities of the 2024 Nutrition Month Celebration with the theme: **"Sa PFAN: Sama-sama sa Nutritsyong Sapat Para sa Lahat"**
2. In support to the 2024 Nutrition Month Celebration, all DepEd offices, schools division offices and schools are **encouraged to initiate nutrition-related activities** stated under the fifth paragraph on the second page of the attached Memorandum OM-OUOPS-2024.
3. Collaterals related to the celebration may be accessed through: <https://m.vl/2024NMCollaterals>.
4. Submission of the narrative and pictorial report on the highlights of the celebration shall be uploaded to this link <https://m.vl.com/2024NMC> on or before **August 23, 2024** to be incorporated in the regional reporting.
5. For your information, guidance and compliance.

Digitally signed by Legazpi Ruth Fuentes
 DN: CN=Legazpi Ruth Fuentes,
 SERIAL NUMBER=0128600493, O=DepEd Regional Office IX, C=PH,
 c=2024.07.04 14:29:40+0800

RUTH L. FUENTES, CESO IV
 Regional Director

ESSD/SRBA/sgab/RM
 151/July 1, 2024



Republic of the Philippines
Department of Education
REGIONAL OFFICE IX, ZAMBOANGA PENINSULA

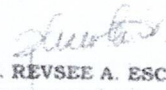


Republika ng Pilipinas
Department of Education

OFFICE OF THE UNDERSECRETARY FOR OPERATIONS

MEMORANDUM
DM-OUOPS-2024-

TO : REGIONAL DIRECTORS
 MINISTER OF BASIC, HIGHER AND TECHNICAL EDUCATION,
 BARMM
 SCHOOLS DIVISION SUPERINTENDENTS
 PUBLIC AND PRIVATE ELEMENTARY AND SECONDARY
 SCHOOL HEADS
 SCHOOL HEALTH PERSONNEL
 ALL OTHERS CONCERNED

FROM : 
ATTY. REVSEE A. ESCOBEDO
 Undersecretary for Operations

SUBJECT : 2024 NUTRITION MONTH CELEBRATION

DATE : June 20, 2024

The Department of Education (DepEd) urges all learners, teaching and non-teaching personnel, officials, and stakeholders, including parents, to actively engage in the activities of the 2024 Nutrition Month Celebration with the theme "**Sa PPAN, Sama-sama sa Nutrisyong Sapat Para sa Lahat.**"

By virtue of the Presidential Decree No. 491 (Nutrition Act of the Philippines) dated June 25, 1974, July has been designated as Nutrition Month for the purpose of creating greater awareness among Filipinos on the importance of nutrition. The said celebration is being led by the National Nutrition Council (NNC), the country's highest policy-making body and coordinating agency on nutrition.

The Philippine Plan of Action for Nutrition (PPAN) 2023-2028 is an ambitious plan as it targets substantive improvements in the so-called triple burden of malnutrition, which is consistent with the United Nations' Sustainable Development Goals, particularly in ending hunger and eliminating all forms of malnutrition.

The 50th Nutrition Month Celebration aims to:



Republic of the Philippines
Department of Education
REGIONAL OFFICE IX, ZAMBOANGA PENINSULA

- a. increase awareness and generate participation and commitments for increased support for the PPAN among stakeholders from government, local government units, non-government organizations, business, civil society and communities, and
- b. advocate for full adoption of the PPAN in local nutrition action plans.

To support the celebration, all DepEd offices, including central, regional, schools division offices, and schools, are encouraged to undertake activities aligned with the 2024 Nutrition Month theme, such as but not limited to:

- a. conduct of different theme activities through posting and sharing of 2024 Nutrition Month campaign materials on the websites and social media platforms of all DepEd offices;
- b. integration of nutrition concepts in classroom-based activities; and
- c. organizing relevant activities for learners and their families, such as seminars, webinars, lectures, exhibits, etc.

Collaterals related to the celebration may be accessed through <https://deped.gov.ph/2024/08/01/nutrition-month-2024/>

Regional and Division offices shall upload the narrative and pictorial report on the highlights of the celebration to region9@deped.gov.ph on or before August 31, 2024. Reports uploaded shall be incorporated in the progress and accomplishment reports for submission by the regional health and nutrition personnel to the Bureau of Learner Support Services - School Health Division (BLSS-SHD).

For more information, please contact **Ms. Magdalene Portia T. Cariaga**, Senior Educator Program Specialist and/or **Ms. Christine Isabel B. Buenvenida**, Health Education and Promotion Officer II of BLSS-SHD through telephone number (02) 8632-9935 or via email shd@deped.gov.ph

For immediate dissemination.