



Republic of the Philippines  
 Department of Education  
 Region IX, Zamboanga Peninsula  
**SCHOOLS DIVISION OF ZAMBOANGA DEL NORTE**

Division Memorandum  
 No. 53, s. 2022

TO: Public Schools District Supervisors  
 Elementary and Secondary School Heads/Principals  
 District/School Nurses  
 District/School WinS Coordinators  
 This Division

SEP 15 2022

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FROM: VIRGILIO P. BATAN JR., CESO VI  
 Schools Division Superintendent

SUBJECT: VIRTUAL CONFERENCE ON "USAPING REGLA: A MENSTRUAL HYGIENE MANAGEMENT IN SCHOOL"

DATE: September 15, 2022

1. To effectively manage menstruation, girls and women require access to water, sanitation and hygiene (WASH) facilities, affordable and appropriate menstrual hygiene materials, information on good practices, and a supportive environment where they can manage menstruation without embarrassment or stigma. It is in this resolve that this office will conduct a virtual conference on 'Usaping Regla: A Menstrual Hygiene Management in School on September 28, 2022, 930AM.
2. The main objective of this activity is to educate learners, teachers, and schools about Menstrual Hygiene Management and ensure enabling school environment for girls for managing menstruation with dignity, safety and comfort.
3. The expected participants of this activity are all public school district supervisors, district and school nurses, school heads, and school WinS focal persons.
4. All public schools district supervisors, school/district nurses shall be provided with the activity link to log-in while the rest of the participants shall attend via Facebook live. Invited guest from UNICEF- AAH and Regional WinS focal will join the discussion.
5. For any clarifications, please contact the Division WinS Coordinator through 0917-132- 3258.
6. Wide dissemination of this memorandum is desired.

MGMC/SHS/SGOD/virtualorientationon"UsapingRegla:AMenstrualHygieneManagementinSchool/DM-037-09152022

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 R-eengineer for




Capitol Drive, Estaka, Dipolog City, 7100  
 Tel No.: (065) 212-5843



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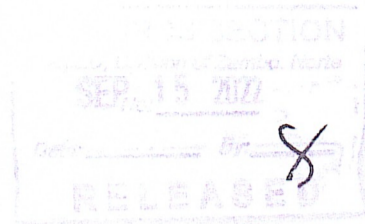


  
Republic of the Philippines  
Department of Education  
Region IX, Zamboanga Peninsula  
**SCHOOLS DIVISION OF ZAMBOANGA DEL NORTE**

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Division Memorandum  
No. 354 s. 2022

TO: Public Schools District Supervisors  
Elementary and Secondary School Heads/Principals  
District/School Nurses  
This Division



FROM: **VIRGILIO P. BATAN JR., CESO VI**  
Schools Division Superintendent 

SUBJECT: **2 - DAY ACTIVITY ON THE ORIENTATION OF MENSTRUAL HYGIENE  
MANAGEMENT (MHM) INTEGRATION**

DATE: September 15, 2022

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1. Along with the issuance of the WinS Policy or DepEd Order No. 10, s. 2016 titled Policy and Guidelines for the Comprehensive Water, Sanitation and Hygiene in Schools (WinS) Program which was issued last February, 2016, the Menstrual Hygiene Management (MHM) a new component of Wash in Schools was also introduced.
2. In line with this, this office will hold a virtual conference on the Orientation and Integration of the Menstrual Hygiene Management (MHM) on September 28, 2022 via Zoom and be livestreamed via ZN Facebook page. The link will be provided later. This will be participated by all District Heads, School Heads and School WinS Focal persons. Invited guests from UNICEF-AAH and Regional WinS focal will join the discussion.
3. On the second day, September 29, 2022 a simultaneous classroom activity shall be conducted in all public elementary schools, grade 5 and grade 6. An educational video material on MHM, "Meron ka na ba? Tara Usap Tayo" to be provided by the Division WinS focal person will primarily be used in the class activity. Proper documentation and pictorials shall be done for reporting purposes.
4. The main objective of this activity is to promote understanding on the right of girl children to safe and dignified management of menstruation using hygienic materials, aided by clean and adequate water supply, with safe and private spaces for personal hygiene concerns and sanitary pad disposal.
5. For any clarifications, please contact the Division WinS Coordinator through 0917-132-3258.
6. For guidance and compliance.

*SGOD/SHSMGMC/2-dayactivityontheorientationofmenstrualhygienemanagementintegration/DM03509152022*

Envisioning  
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