



Republic of the Philippines
DEPARTMENT OF EDUCATION
Zamboanga Peninsula, Region IX
Schools Division of Zamboanga del Norte
Dipolog City 7100



RELEASED

MEMORANDUM

TO: Public Schools District Supervisors
Secondary School Principals
Elementary School Principals


FROM: The Office of the Schools Division Superintendent

SUBJECT: **2018 (Four- Day) Live-in National Training and Workshop on Music, Arts, Physical Education and Health (MAPEH) of the National Association of Physical Educators (NAPE)**

DATE: April 25, 2018

BY:  DATE: 26 APR 2018

1. The National Association of Physical Educators (NAPE) will conduct the 2018 (Four-Day) National Training and Workshop on Music, Arts Physical Education and Health (MAPEH), on May 4-7, 2018 at Sindangan National Agricultural School, Sindangan, Zamboanga del Norte.
2. Expected participants to this activity are Supervisors, Principals, School Heads, MAPEH Coordinators, MAPEH Teachers, Culture and Arts Coordinators, coaches, choreographers, sports and dance enthusiasts. This is open to all interested teachers from both elementary and secondary, private and public schools. Attached herewith, the letter request from the President/Training Director of the National Association of Physical Educators (NAPE), the schedule of activities and other enclosures for your information and guidance.
3. The participants' and working committees' registration fee in the amount of One Thousand Two Hundred Pesos (P1,200.00), travel and other incidental expenses incurred during the seminar- workshop may be charged to school MOOE/LOCAL Funds subject to usual accounting rules and regulations. Compensatory Time Off (CTO) and/or SERVICE CREDITS for four (4) days shall be granted to them for the services rendered.
4. Widest dissemination of this memorandum is highly desired.


PEDRO MELCHOR M. NATIVIDAD, CSEE
Schools Division Superintendent

Encl: As stated



NATIONAL ASSOCIATION OF PHYSICAL EDUCATORS

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For : **SDS PEDRO MELCHOR M. NATIVIDAD, CSEE**
Schools Division Superintendent
Division of Zamboanga del Norte

Thru: **Sir Danilo Labisig**
EPS, MAPEH RES

From : **DR. LITO T. ANCHETA**
President/Training Director
National Association of Physical Educators

Subject : As Stated
Date : April 11, 2018

In line with the advocacy of the National Association of Physical Educators (NAPE) in cooperation with the Department of Education we will be conducting a **2018 (Four-day) Live-in National Training & Workshop for MAPEH of the National Association of Physical Educators (NAPE)** on May 7-10, 2018 (Monday-Thursday) at Piñan Central Elementary School, Poblacion South, Municipality of Pinan, Zamboanga del Norte.

Registration fee of One Thousand Two Hundred (Php 1,200.00) shall be charged in each participant to defray kit, certificate (participation and appearance), professional fee, transportation allowance, hotel accommodation of the resource speakers and other incidental expenses concerning the activity can be charged against school's MOOE/local funds subject to usual accounting and auditing rules and regulations.

Participants to this activity are MAPEH Supervisors/coordinators, Principals/school heads, MAPEH teachers, Culture and Arts Coordinators, choreographers, coaches and sports enthusiasts from elementary and secondary public and private. This is open to all interested teachers.

With your generosity and cooperation once again please endorse this activity to all districts and secondary schools of the entire division for them to participate this fruitful activity.

Likewise may I request your presence during the opening ceremony on May 7, 2018 at 10:00 am. I would appreciate if you could be with us considering our special guest of honor to give an inspirational message to the participants.

Thank you so much for an immediate action and support and may God bless you and your loved ones.

Cc/
DepEd Central Office/Regional Office

Advisory No. 87, s. 2018
March 3, 2018
In Compliance with DepEd Order (DO) No. 8, s. 2013
this advisory is issued per DO 28, s. 2001.
for the information of DepEd officials,
personnel/staff, as well as the concerned public,
(Visit www.deped.gov.ph)

NATIONAL TRAINING AND WORKSHOP ON MUSIC, ARTS, PHYSICAL EDUCATION
AND HEALTH, SPORTS, WELLNESS, RECREATION, AND DANCE
OF THE NATIONAL ASSOCIATION OF PHYSICAL EDUCATORS

The National Association of Physical Educators (NAPE) will conduct the National Training and Workshop on Music, Arts, Physical Education and Health (MAPEH), Sports, Wellness, Recreation, and Dance in clusters on the following dates:

Cluster	Date
Visayas	April 18-20, 2018
Luzon	April 26-28, 2018
Mindanao	May 1-4, 2018

Rationale:

1. Participate in professional discussions on varied issues, which concern Physical Education in our country;
2. Converge with physical educators and other teachers of subject areas like Music, Health, Arts, Dance, and Sports throughout the country, thereby creating partnerships and wide networks of physical educators in response to the K to 12 program of DepEd;
3. Share experiences, information, and expertise to further achieve development in the intellectual capital among physical educators involved in the promotion and development of the training; and
4. Establish a solid and united organization of physical educators or a confederation of various Physical Education activities.

The target participants are supervisors, principals, school heads, MAPEH teachers, culture and arts coordinates, coaches, choreographers, sports and dance enthusiasts and teachers from both public and private elementary and secondary schools.

More information may be inquired from:

Dr. Lito T. Ancheta
President / Training Director
National Association of Physical Educators (NAPE)
54 National Road, Muntinlupa City
Mobile Phone nos.: 0929-460-7896; 0915-403-3363
Email Address: drlitoancheta1234@yahoo.com

SCHEDULE OF ACTIVITIES

Day – 1

Morning Session

6:30 – 10:00	:	General Registration
10:00 – 12:00	:	Opening Ceremony
12:00 – 1:00	:	Lunch Break
1:00 – 3:00	:	Stress Management in the Workplace (Lecture)

Afternoon Session

3:00:00 – 5:00	:	Basic Fundamental Dance Steps in Folk dance
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Day – 2

Morning Session

7:30 – 8:30	:	Zumba.....Physical Fitness and Wellness
8:30 – 12:30	:	Music: Rudiments of Music, Philippine/Asian Music in K-12 approach (Grades 1-10 & Senior High School)
12:30 – 1:30	:	Lunch Break (9:40 – 10:00 Break)

Afternoon Session

1:30 – 5:00	:	Continuation...Music session
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Day – 3

Morning Session

7:00 – 8:30	:	Physical Fitness & Wellness
8:30 – 12:00	:	Common Injuries of Athletes in Sports with Prevention & First Aid Professionalize Coaching in Sports (9:40-10:00 Break)

Afternoon Session

1:00 – 5:00	:	Folk dancing on the go.....with group work
5:00 – 6:00	:	Break

Evening Session

6:00 – onwards	:	Basic Choreography on Contemporary dance
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Day 4

Morning Session

7:00 – 12:00	:	Ballroom/Social dancing with group work
12 – 1:00	:	Lunch Break
1:00 – 3:00	:	Continuation.....Ballroom/Social dancing
3:00 – 4:30	:	Closing Ceremony
4:30 – onwards	:	HOME SWEET HOME

Note: Participants may bring the following:

1. PE/dancing outfit
2. Small native hut for girls
3. Sleeping Paraphernalia